

2025 MEET SCHEDULE April 16th, 17th & 18th

Wednesday [April 16th] Running Events

Breakfast with Beynon Track Time Schedule:

7:00 AM M Open B 10k [slow to fast] 8:10 AM W Open B 10k [fast to slow]

9:25 AM M Open C 10k 10:00 AM W Open C 10K

Evening Track Time Schedule:

5:00 PM M Steeple Open [slow to fast]
6:40 PM W Steeple Open [slow to fast]
8:10 PM W Steeple Invite [slow to fast]
8:40 PM M Steeple Invite [fast to slow]
9:10 PM W Invite 10k Invite 1

9:45 PM M Invite 10k Invite 1 10:17 PM W Invite 10k Invite 2 10:55 PM M Invite 10k Invite 2

Thursday [April 17th] - Field Events and Running Events

Hammer Throw and Women's Discus: At Citrus College Stadium Hammer Cage

9:00 AM Men's Hammer 12:30 PM Women's Hammer 4:00 PM Women's Discus

Breakfast with Beynon Track Time Schedule:

7:00 AM	M Open B 5k	[fast to slow]
8:00 AM	W Open B 5k	[fast to slow]
9:00 AM	M Open C 5K	[fast to slow]
10:00 AM	W Open C 5K	[fast to slow]
1:00 PM	W Open 800 B	[fast to slow]
1:30 PM	M Open 800 B	[fast to slow]

2:25 PM W Open A 800 [fast to slow] M Open A 800 [fast to slow] 3:15 PM W Invite 800 3:50 PM [slow to fast] W Elite 800 5:00 PM [slow to fast] 5:15 PM M Elite 800 [slow to fast] 5:30 PM M Invite 800 [fast to slow]

Men's & Women's Open A 5k [Alternating Gender, SLOW to FAST]

6:20 PM W Open A 5k Ht 1 6:50 PM M Open A 5k Ht 1

7:06 PM	W Open A 5k Ht 2		
7:24 PM	M Open A 5k Ht 2		
7:40 PM	W Open A 5k Ht 3		
7:58 PM	M Open A 5k Ht 3		
8:20 PM	W Open A 5k Ht 4		
8:38 PM	M Open A 5k Ht 4		
Men's & Women's Invite 5k [Alternating Gender, FAST to SLOW]			
<u>ivien's & vvom</u>	<u>len's invite 5k i Alternating Gender, FAST to SLOW i</u>		
9:00 PM	W Invite 5k Ht 1		
	•		
9:00 PM	W Invite 5k Ht 1		
9:00 PM 9:20 PM	W Invite 5k Ht 1 M Invite 5k Ht 1		
9:00 PM 9:20 PM 9:37 PM	W Invite 5k Ht 1 M Invite 5k Ht 1 W Invite 5k Ht 2		
9:00 PM 9:20 PM 9:37 PM 9:57 PM	W Invite 5k Ht 1 M Invite 5k Ht 1 W Invite 5k Ht 2 M Invite 5k Ht 2		

Friday [April 18th]

Breakfast with Beynon Track Time Schedule:

M Invite 5k Ht 4

8:00 AM M Open C 1500m [slow to fast] 9:00 AM W Open C 1500m [fast to slow]

RUNNING EVENTS

11:03 PM

Sprint Events will be live seeded

9:50 AM	Welcome Prayer &	National Anthem		
10:00 AM	M 4x100			
10:15 AM	W 4x100			
10:30 AM	M 400			
10:55 AM	W 400			
11:30 AM	M 100			
12:00 PM	W 100			
12:50 PM	M 110 Hurdles			
1:20 PM	W 100 Hurdles			
2:00 PM	M 400 Hurdles			
2:35 PM	W 400 Hurdles			
3:05 PM	M 200			
3:35 PM	W 200			
4:05 PM	M 4x400			
4:30 PM	W 4x400			
1500 Heats Begin: Run in Chronological Order				
5:00 PM	W Open B 1500	[Slow to Fast]		
6:00 PM	M Open B 1500	[Slow to Fast]		
7:00 PM	W Invite 1500	[Slow to Fast]		
7:50 PM	W Elite 1500	[Slow to Fast]		
8:00 PM	M Elite 1500	[Fast to Slow]		
8:00 PM	M Invite 1500	[Fast to Slow]		
9:00 PM	W Open A 1500	[Fast to Slow]		
10:00 PM	M Open A 1500	[Fast to Slow]		

Finished by 11:00 PM

Finish by 11:20 PM

FIELD EVENTS (contested Thursday: Hammer and Women's Discus)

Javelin and Men's Discus: At Citrus College Stadium Hammer Cage

9:00 AM Men's Javelin 12:30 PM Women's Javelin 4:00 PM Men's Discus

Field Events at Azusa Pacific

10:00 AM	Women's High Jump B & D
10:00 AM	Women's Long Jump
10:00 AM	Men's Long Jump
10:00 AM	Women's Pole Vault C (East Pit)
10:00 AM	Men's Pole Vault C (West Pit)
11:00 AM	Women's Shot Put
12:00 PM	Men's High Jump B
12:00 PM	Men's Long Jump

Women's Long Jump 12:00 PM Men's Pole Vault A (West Pit) 1:00 PM Women's Pole Vault A (East Pit) 1:00 PM

Women's High Jump A & C 2:00 PM

3:00 PM Men's Shot Put Women's Triple Jump 3:00 PM Men's Triple Jump 3:00 PM

Men's High Jump A (South Pit) 4:00 PM 4:00 PM Men's Pole Vault B (West Pit) 4:00 PM Women's Pole Vault B (East Pit)